ULTRASOUND + LIVER ELASTOGRAPHY
INSTRUCTIONS AND CONSENT

unio SPECIALTY CARE

Read this today. You must **not eat or drink** before this test.

CANCEL POLICY: Need to cancel or change your visit? Call us at least **24 hours** before. If you do not show up, cancel late, or do not follow the no-eating (fasting) steps, you will pay a **$50 fee**.

YOUR TEST SCHEDULE

DATE: ____/____/_____ **ARRIVAL TIME:** _____ **AM/PM** **NO FOOD OR DRINK AFTER:** _____ **AM/PM**

PLACE: **Unio Specialty Care** — 6271 Rosemead Blvd, Temple City, CA 91780 — 626-898-4560

ABOUT THESE TESTS

- **Ultrasound:** sound waves take pictures of the inside of your belly.
- **Liver elastography:** checks your liver for fat and stiffness (scarring).

BEFORE YOUR TEST — DO NOT EAT OR DRINK

- **8 hours before** your appointment: **STOP eating and drinking.** (Morning appointment? Do not eat or drink after midnight.)
- **No food.** No coffee, juice, milk, soda, gum, or candy.
- Only **small sips of water** are OK — to take your medicines or if you are very thirsty.
- If you eat or drink, we cannot do the test. Your visit will be canceled and you will pay a **$50 fee**.

YOUR MORNING MEDICINES: Take **ALL** your usual morning medicines — **including blood pressure medicines** — with a **small sip of water** before you leave home.
Diabetes: do NOT take diabetes pills or mealtime (fast-acting) insulin until you eat after the test. Long-acting or mixed insulin: take **HALF (½)** your usual morning dose. Bring juice or glucose tablets in case your sugar gets low.

WHAT TO WEAR

- Wear a **two-piece outfit** (a top and pants). **No dresses.** We need to see your belly, from your chest bone down to your belly button, and the right side of your ribs.

WHAT WILL HAPPEN

- You will lie on your back. The tests do **not** hurt. No needles or X-rays.
- **Ultrasound:** we put a **cool, sticky gel** on your belly. A small wand moves over it to take pictures.
- **Liver elastography:** you will **raise your right arm** over your head. A small probe is placed on the **right side of your ribs**. You may feel a small tap.
- The tests take about **30–40 minutes** in all: the ultrasound 20–30 minutes, the liver elastography 10–15. Two different technicians do them, so you may wait between the tests.
- The door will be left a little open. Want a **chaperone** (another staff member)? Just ask us.
- A radiologist reads your ultrasound pictures. Your gastroenterologist will go over all your results with you.
- These tests help your doctor make a **diagnosis**. Other imaging tests exist; your doctor chose these.

I agree to have these tests.
I received and understand these instructions and the Cancellation/No Show policy ($50 fee). I understand that I must cancel at least 24 hours before my appointment.

Patient name (please print): _____

X _____ **Date:** _____

Patient signature