

LIVER ELASTOGRAPHY

INSTRUCTIONS

Read this today. You must **not eat or drink** before this test.

CANCEL POLICY: Need to cancel or change your visit? Call us at least **24 hours** before. If you do not show up, cancel late, or do not follow the no-eating (fasting) steps, you will pay a **\$50 fee**.

YOUR TEST SCHEDULE

DATE: ____/____/____ **ARRIVAL TIME:** ____ AM/PM

PLACE: **Unio Specialty Care** — 6271 Rosemead Blvd, Temple City, CA 91780 — 626-898-4560

WHAT IS LIVER ELASTOGRAPHY?

- A test that checks your liver for **fat** and **stiffness** (scarring).
- It works like an ultrasound and uses **sound waves**.
- It does **not** hurt and does **not** use needles. You may feel a small tap or vibration on your skin.

BEFORE YOUR TEST — DO NOT EAT OR DRINK

- **3 hours before** your appointment: **STOP eating and drinking**. No food. No water.
- Only a **small sip of water** to take your medicines.
- This helps the test give the right results.
- If you eat or drink, we cannot do the test. Your visit will be canceled and you will pay a **\$50 fee**.

YOUR MORNING MEDICINES: Take **ALL** your usual morning medicines — **including blood pressure medicines** — with a **small sip of water** before you leave home.

Diabetes: do NOT take diabetes pills until you eat after the test. Take **HALF (½)** your usual morning insulin. Bring juice or glucose tablets in case your sugar gets low.

WHAT TO WEAR

- Wear **comfortable clothes**. We need to reach the **right side of your upper body**, so a top you can lift up is best.

WHAT WILL HAPPEN

- You will lie on your back.
- You will raise your **right arm** over your head.
- We put a small amount of **gel** on your skin.
- A small probe is placed on the **right side of your ribs**.
- The test takes about **10–30 minutes**.
- Want a **chaperone** (another staff member in the room)? Just ask us.
- Your gastroenterologist will go over the results with you.

Questions? Call us at **626-898-4560**.

LIVER ELASTOGRAPHY

PATIENT CONSENT

- Your doctor has ordered a **Liver Elastography** to check your liver health. This test measures **fat and stiffness in the liver**. It is safe and does not use needles.

WHAT IS A LIVER ELASTOGRAPHY?

- A **painless test**, similar to an ultrasound
- Uses sound waves to check your liver
- You may feel a **small vibration** on your skin
- Results help your doctor understand your liver health

WHAT TO EXPECT

- You will lie on your **back**
- You will raise your **right arm over your head**
- A small amount of gel will be placed on your skin
- A probe will be placed on the **right side of your ribs**
- The test takes about **10–30 minutes**
- Your gastroenterologist will review the results with you
- A **chaperone is available** if you want one

FEES

- If you do not follow the fasting instructions, your appointment **will be canceled** and a **\$50 cancellation fee** may apply.
- **Office Visit Cancellation / No Show Fee: \$50.00**
- Call your doctor's office **at least 24 hours before** your appointment to change or cancel.

I received and understand these instructions and the **Cancellation/No Show policy (\$50 fee)**. I understand that I must cancel **at least 24 hours before** my appointment.

Patient name (please print): _____

X _____

Patient signature

Date: _____